Table Tennis Rules and Regulations

Singles:

* The server changes from one player to the other every time five points are scored, except when the score becomes tied 20-20. At this time, the serve changes and continues to change after each point until one player scores two consecutive points, thus winning the game.
* The server puts the ball into play by tossing it into the air from the palm of one hand and striking it with the paddle (held in the other hand) so that it hits his/her own court. The ball goes over the net and hits the receiver's court. The receiver must return the ball over the net so that it hits the server's court. Play continues until one player fails to make a legal return. The opponent then scores a point.
* If the ball hits the net on the serve and goes over, it is a LET and the server serves again. However, if the second serve is a LET, the player loses the point.
* Singles: each match shall consist of the best two out of three games with the winning player reaching 21 points first or being ahead by two after the score reaches 20 all in each game.

Doubles:

* The pair winning a coin flip may choose either end of the table or the right to serve or receive first. If they choose an end, the other pair has the choice of serving or receiving first.
* The server shall first make a good service, the receiver shall then make a good return, and the partner of the server shall then make a good return. The partner of the receiver shall then make a good return, the server shall then make a good return and thereafter each player alternately in that sequence shall make a good return.
* After each game the pairs shall change ends. The pair serving first in the previous game shall become the first receivers in the next game and vice versa. Above rule shall then be in effect.
* If the ball hits the net on the serve and goes over, it is a LET and the server serves again. However, if the second serve is a LET, the player loses the point.
* Doubles: each match shall consist of the best two out of three games with the winning pair reaching 21 points first or being ahead by two after the score reaches 20 all in each game.