

### K-12 Physical Education, and Health (BSE)

Suggested Plan of Study		2020-2021 Catalog	
Fall - Semester 1		Spring - Semester 2	
ENGL 1113 Composition I	3	ENGL 1123 Composition II	3
Biological Science choice/Lab BIOL 1043/1041 or BIOL 1203/1201	4	Fine Arts/Humanities (ART 1103 or ART 2013, HUM 2003, MUS 2003 or MUS 2013, THEA 2003 or Foreign Language)	3
Mathematics (MATH 1023, MATH 1045, MATH 1053 or MATH 1525)	3	*HIST 1003 or 1013 World History I or II OR HIST 2013 or 2023 U.S. History I or II or PSCI 2003 American Government: National	3
HKR 1113 Methods of Teaching Individual/Dual Activities	3	Social Science choice (ECON 2103 or FIN 2003, GEOG 2003, PSCI 2003, PSYC 2003, or SOC 1003 or 2003)	3
SPCH 1113 Introduction to Public Speaking	3	HKR 1123 Methods of Teaching Team Activities	3
GSTD 1002 Freshman Seminar	2	HS 1403 Personal and Community Health	3
<b>Total Semester Hours</b>	<b>18</b>	<b>Total Semester Hours</b>	<b>18</b>
Fall - Semester 3		Spring - Semester 4	
World Literature I/II (ENGL 2213 or ENGL 2223)	3	HKR 3882 Theory and Techniques in Rhythm Activities	2
*HIST 1003 or 1013 World History I or II OR HIST 2013 or 2023 U.S. History I or II or PSCI 2003 American Government: National	3	HKR 3803 Lifeguarding/Water Safety for Advanced Swimmers	3
Fine Arts/Humanities (ART 1103 or ART 2013, HUM 2003, ENGL 2213, ENGL 2223, MUS 2003 or MUS 2013, PHIL 2403, or THEA 2003)	3	Physical Science choice/Lab (CHEM 1013/1011, CHEM 1023/1021, CHEM 1133/1131, GEOL 1003/1001, PHSC 2023/2021, PHYS 2003/2001, PHYS 2133/2131, or PHYS 2203/2201)	4
HS 2043 Human Anatomy and Physiology	3	UL Psychology Elective	3
HKR 2003/2000 Introduction to Education/Lab	3		
<b>Total Semester Hours</b>	<b>15</b>	<b>Total Semester Hours</b>	<b>12</b>
Fall - Semester 5		Spring - Semester 6	
HS 3243 Kinesiology and Biomechanics	3	HKR 4323 Organization and Administration of HKR	3
EDUC 2023 Educational Technology	3	HKR 4343 History and Philosophy of HKR	3
EDUC 3013 Educational Psychology	3	HS 4243 Exercise Physiology	3
HS 2413 First Aid and Safety/CPR	3	HKR 4923 Measurement and Evaluation in HKR	3
ESCI 3003 Motor Learning and Development	3	HKR 3723/3301 Methods and Materials for Secondary and Middle School/Supervised Field Experience -HKR	4
<b>Total Semester Hours</b>	<b>15</b>	<b>Total Semester Hours</b>	<b>16</b>
Fall - Semester 7		Spring - Semester 8	
HS 4013 Adapted Kinesiology	3	Completion of Praxis II exams required prior to student teaching	
REC 3613 School and Community Recreation	3	HKR 4003 Student Teaching Seminar	3
HKR 3703/3111 Methods and Materials in Kinesiology for Elementary Schools/Supervised Field Experience-HKR	4	HKR 4006 Student Teaching in the Secondary School I	6
HKR 4102 Professionalism and Leadership in HKR	2	HKR 4103 Student Teaching in the Elementary School II	3
Elective – see choices below	2		
<b>Total Semester Hours</b>	<b>14</b>	<b>Total Semester Hours</b>	<b>12</b>

Total hours required for major – 120

\*MATH 0051 Mathematical Literacy Lab is a co-requisite for MATH 1053 Mathematical Literacy for students with a MATH ACT of 17 or below.

Note: Must have six hours of history/government. Three hours must be World History I or II. Three hours must be U.S. History I, U.S. History II or American Government: National.